EASYJET RENOWNED FEARLESS FLYER COURSE RETURNS FOR AUTUMN AND WINTER

News / Airlines

easyJet announced its Fearless Flyer programme has returned this month to help aerophobes overcome their fear, with spaces still available on courses from September to January at eight airports across the UK. Nine courses will run over the next four months, with experience flights taking place across the UK including London Gatwick, London Luton, Birmingham, Bristol, Manchester, Edinburgh and Belfast, as well as Jersey Airport for the first time, so customers have the choice of a location convenient to them.

easyJet's Fearless Flyer course continues to be one of the best-priced aerophobia programmes in the UK, starting at £89 per person for the online-only course. Since 2012, the programme has helped over 14,000 individuals, with a success rate of more than 95%. With one in six people estimated to be a nervous flyer, the course offers reassurance and winning techniques by senior easyJet pilots and phobia experts to help combat concerns around flying to help even the most ardent aerophobe to overcome their fear of flying.

easyJet's Fearless Flyer course is divided into three main parts:

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- **A virtual ground course**, where an easyJet captain explains the unfamiliar sounds and sensations customers feel onboard an aircraft during take off, landing and during times of turbulence. In addition, Lawrence Leyton, a leading expert in the psychology of fear, teaches a unique set of mind techniques to help manage nerves.
- **A pre-flight one-hour 'Meet the Team' online Zoom session**, where participants will be walked through the airport experience and what to expect. There will also be a Q&A session with the Fearless Flyer Team including an easyJet pilot, Lawrence Leyton and Course Director Mark Wein, who shares his tips and advice on how he overcame his own fear of flying many years ago.
- **And lastly, a special one-hour experience flight** from the course airport, where customers put their new skills to the test whilst listening to a live commentary of the flight from the Fearless Flyer team.

Spaces on the courses are available at www.fearlessflyer.easyjet.com

Mark Wein, easyJet's Fearless Flyer Course Director, commented: "As someone who used to have a fear of flying, I understand only too well how restrictive this fear can be, but it really isn't that difficult to overcome it. Often, it's just a lack of knowledge that is the root cause of the issue, which is why the easyJet Fearless Flyer course is so successful. We're really excited to have reached our 200th course in May this year and it's a testament to the easyJet pilots and Fearless Flyer team who have been committed to making this programme a success. I encourage anyone with any doubts about flying to book now and change your life."

Fiona Deans, who attended easyJet's 200th Fearless Flyer course on 10 May 2025 at London Gatwick Airport, stated: "I'm so glad I finally had the courage to book onto the fearless flying course. I hadn't flown for 18 years until this morning. The crew and easyJet staff are all very welcoming, reassuring and spent time with everyone on the flight to make sure we were all ok. They meet you at check in and stay with you until after the flight. Having time sitting on the plane before and afterwards was really good to have the time to talk to the pilots and crew. It was a great experience and I wish I'd done it years ago!"

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